

Spending time in the outdoors can be a testing time for the skin, especially when we are exposed to cold temperatures, low humidity, wind and sunlight for extended periods of time. This might include activities such as cycling, walking/hiking/climbing, skiing and outdoor sports activities for example. Windy and cold conditions can be particularly dehydrating to the skin and when combined with sunlight exposure can often leave the skin feeling sore, dry and sensitive.

Here at Nativis, we have developed a range of skincare products to help combat the ravages of the environment when participating in outdoor activities. Our products can be used to keep the skin hydrated and moisturised during activities to prevent the skin from drying out and becoming sensitive. Our moisturising Gel contains the natural active ingredient silk Hydra-fix which will hydrate and moisturise the skin, protecting it during outdoor activities. Applying the Silk Hydra-Fix® Moisturising Cream after the Gel will provide additional hydration and further moisturise and protect the skin. The natural active ingredient, Silk Hydra-fix will also provide some protection from UVA and UVB which combined, can cause sunburn and damage the lower regions of the skin. We would recommend using a sunscreen after the application of the gel and cream for total protection from the damaging effects of extended exposure to sunlight.

Products Package for Outdoor Activities

Silk Hydra-Fix Moisturising Gel (200g)



Directions for Use - Hydrate and Moisturise

1. Before venturing out, apply the Moisturising Gel to those regions of the skin that are likely to be exposed to the elements. This might include the hands, face, ears, lips, neck, legs and arms. Massage the gel into these regions with the fingertips until it is fully absorbed.
2. Repeat the application at 2-3 hour intervals whilst outside for continued protection from dehydration.

Silk Hydra-Fix Moisturising Cream (50g)



Directions for Use - Protect

1. Apply the moisturising cream to the exposed skin regions immediately after applying the moisturising gel. The cream has beeswax, shea butter and Argan oil in its formulation which will help to protect it from cold temperatures, wind and low humidity in particular.
2. Repeat the application at 2-3 hour intervals immediately after the application of the moisturising gel.

Package Price £37.80 - SAVING 10%

Applying the moisturising gel and then the moisturising cream prior to venturing out into the outdoors will provide a high level of protection to the elements. In order to maintain protection the gel and cream should be applied at regular intervals whilst outside. We would also recommend that a high factor sunscreen (30+) is applied to the exposed areas of skin after application of the gel and cream for maximum protection to minimise skin damage and post activity discomfort.

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